

# RIFFLS & RUNS

## President's Message

December 2008

Bill Case, Frank Plona and myself, have just completed delivery of Brown Trout eggs to our 5 schools. Eggs were picked up from the DEP at a spot in Cheshire and delivered to classrooms in Ellington, E. Hartford, W. Hartford, Bristol and Plymouth. It's such a sight to see how excited the kids get when we bring the eggs in. Each school received 100 eggs. We'll be keeping everyone updated of the progress of the trout and students on our website. These 5 programs will be impacting over 700 students during the school year.

If you're looking for further information on the 'Trout in the Classroom' program, be sure to get out to Cabelas, on January 24<sup>th</sup>. State and chapter coordinators, biologists and teachers will be available to answer all your questions. The TIC presentation will be taking place from 9:00 am – 12:00 pm. Please be sure to let any educators and school administrators you may know of this free presentation. Better yet, come out and see how you can help with this program. We can only expand with more volunteers!

Be sure to let those with young fly fishers or anyone you may be thinking of introducing to trout and fly fishing about our Cabelas program on January 24<sup>th</sup>. Kids will be able to spend time in the fly tying room as well as attending any of the featured presentations. Come out and talk to other members and help us celebrate our 50<sup>th</sup> anniversary!

Please be sure to attend our December meeting on Dec 3. Kathy Gould, from Casting for Recovery

will be our guest speaker. As many of you may be well aware, FVTU and TU National have been supporters of CFR for a number of years. Kathy will be telling us of her personal experience with the program with slides from one of their weekend retreats.

By the time most of you read this, the last of the turkey sandwiches will have been eaten. With Christmas and the New Year just around the corner, I want to wish everyone a safe and enjoyable holiday.



**Carl Swanson**  
President

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## December Meeting

Please join us for our next membership meeting on Wednesday, December 3rd at 7:00 PM at the Stonewell Restaurant in Farmington.

Our guest speaker will be Kate Gould. Kate is a cancer survivor who will share her experience as a participant in the Casting for Recovery program. CFR is a cause that FVTU contributes to annually. To learn more about Casting for Recovery and to learn why our organization finds it such a worthy cause, please read about the program on page three.

There will also be an expanded Raffle table and FVTU fly boxes for sale.



Farmington Valley Chapter of



## Address Change?

Each month I receive at least one letter from a member informing me that his or her personal information has changed and a request that make this update so as not to miss receiving Riffles and Runs. I very much appreciate that our members do not want to miss an issue of Riffles and Runs and if I could help each member by changing their information, I would. But the only person who can change personal information with TU National is the member. For the sake of our members' privacy and security, no one but the member may change personal information on the TU national profile. It is very important that we keep this information centralized at the national level!

The process we use for labels for Riffles and Runs is as follows: for each newsletter issue, I download new labels from the TU national roster and send them to our printer. This way new members will not be left out from issue to issue.

The best way to make sure FVTU has your most up-to-date information is to make changes with TU national. Here's how:

**ON LINE:** Go to [www.tu.org](http://www.tu.org). Click on *Member Services* then on *Wel-*

*come to My TU*. Log in. Click on *Edit Profile*.

**BY PHONE:** Call TU member services at 1-800-834-2419.

If you have contacted national and still feel there is a problem, please do not hesitate to contact me so I can help find a resolution. Your membership is important to us and we want to keep you up to date on what is happening in our Chapter.

And thanks for your support!

Alicea Charamut  
Editor,  
Riffles and Runs



## Chapter News

### GO PAPERLESS!

FVTU would like your help! Riffles and Runs costs over \$2000 per year to send to you through the mail. FVTU can significantly reduce our newsletter cost by e-mailing this newsletter to you. The benefit to you is Riffles and Runs in color! The benefit to the chapter is more money to devote to conservation and education projects! Please e-mail Alicea C h a r a m u t a t

[alicea\\_ski@hotmail.com](mailto:alicea_ski@hotmail.com).

### DECLUTTER!

Want to unload your unwanted back issues of TU's *Trout Magazine*, *Flyfishing*, *American Angler* or other Fly Tying magazines? Please bring them in to any of the chapter's regular meetings!

## Upcoming Events

**Dec 3** Membership Meeting

**Dec 16** Board Meeting

Jan—No membership meeting

**Jan 20** Board Meeting

**Jan 24** TU Day at Cabela's  
Cabela's, East Hartford

**Feb 4** Membership Meeting

**Feb 17** Board Meeting

**Mar 4** Membership Meeting

**Mar 17** Board Meeting

**Mar 27** 11th Annual Banquet  
Chowder Pot, Hartford

Unless otherwise noted, all meetings begin at 7:00 pm and are held at the Stonewell Restaurant, 354 Colt Hwy (Rt 6), Farmington, CT.

## Special Announcement

Connecticut River Salmon  
Association

33rd Annual  
Dinner & Auction/Raffle

Saturday, January 31, 2009

The Hawthorne Inn  
2421 Berlin Turnpike, Berlin, CT  
Tickets \$45.00 per person

Guest Speaker: Dick Shackelton  
Salmon Fishing in Iceland and Russia

Raffle and Auction items include fresh and saltwater tackle and equipment, limited edition and original art work, guided trips and other items which provide excitement and enjoyment throughout an evening of good fellowship.

For Reservations call:  
Ed Ruestow at 860-521-1426 or  
Jim Carroll at 860-236-5181

## Board of Directors

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Alicea Charamut

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Jerry Bannock: (h) 860-793-9929 [gb\\_tu@snet.net](mailto:gb_tu@snet.net)

Walter Grudzien: (h) 860-229-5771

## Casting for Recovery

We are honored to have Kate Gould share her experience with the Casting for Recovery program at our December meeting. Kate is a cancer survivor and is eager to tell others about what the sport of trout fishing has meant to her.

Our chapter supports Casting for Recovery each year with a monetary donation. Our former president, Dan Leahy, has donated much of his time volunteering at retreat weekends as have others in our chapter. The following two paragraphs are a brief synopsis of what the CFR program is about and are taken directly from the CFR web site. To learn even more about CFR, please visit [www.castingforrecovery.org](http://www.castingforrecovery.org).

**Casting for Recovery® (CFR)**, founded in 1996, is a national non-profit support and educational program for breast cancer survivors. We enhance the lives of breast cancer survivors by offering no-cost retreats tailored to promote and support mental and physical healing through shared experiences and the learning of new skills. At the end of 2008 we will have served 3,500 women through 224 retreats with the help of over 1,000 volunteers nationwide.

Through 2½-day retreats, the sport of fly-fishing is used to promote physical, emotional, and spiritual healing. The effective balance between the physical benefits of the gentle exercise provided by fly-fishing and the counseling curriculum benefits women at any age and any stage of treatment or recovery. The program allows women to get away from their cancer, while providing support from the medical/psychosocial professionals present at every retreat.



## How You Can Help

If you haven't been able to actively support FVTU due to commitments on the home or work front, there is an "easier" way you can make a valuable contribution to our TU chapter. Our 2009 11th Annual Banquet at the USS Chowder Pot is fast approaching and with the economy in flux here is a review of how you can obtain a valuable donation to our banquet auctions and raffle tables.

Every TU member has talents and assets. We all do something (besides fish). If you have a vacation home, consider donating a weekend. If your hobby is building bird houses, make one extra for the banquet. Who has a sailboat (evening on the Connecticut River)? Who has the lawn service? Put together a guided bird walk? Who plays the guitar? Our banquet attendees all need interesting and different goods and services...and they bid for them!

Ask significant others in the house to contribute. Can you put together a gift basket or make a child's quilt? What about a gourmet dinner for six in your home? [Would this be another excuse to talk about our trout fishing experiences and destinations with other trout folks?]

If you are good at the fly tying bench, whip up another dozen of your favorite fly pattern as a donation to FVTU. Trout flies are always a very popular item at our socials. We can't get enough of them!

But don't stop thinking within your house. Use your **existing personal and business contacts**. Solicit donations from the folks you know and do businesses with - restaurants, detail shop, investment advisor, etc. Who owes you favors? What you don't want to do is go "cold turkey" into retail outlets asking for donations or solicit on the phone. Save your time and breath. It doesn't work... **unless there is a relationship.** That's the trick!

FVTU has developed the secret formula for successful fundraising and that's relying on our almost 600

members to contribute goods and services that people want. FVTU is now running **the best outdoors and environmental themed banquet in Southern New England**. Please be on the lookout for upcoming notices and alerts for our 2009 event.

Donations of goods and services can be made by contacting any of our board members listed in this newsletter or by contacting Alicea Charamut at [alicea\\_ski@hotmail.com](mailto:alicea_ski@hotmail.com), (203) 440-0854 or Bill Case at [williamcase@comcast.net](mailto:williamcase@comcast.net), (860) 678-7245.



Frank Plona  
Project Manager and fundraiser extraordinaire.

## Equipment Corner

### For Sale

Gravel Guards – Pair of new Simms Guide Model heavy duty gravel guards in original package \$25. – Bill Case @ (860) 678-7245 or [williamcase@comcast.net](mailto:williamcase@comcast.net)

### For Sale

Magnetic Net Holder – New Orvis magnetic net holder in original package. \$18 – Bill Case @ (860) 678-7245 or [williamcase@comcast.net](mailto:williamcase@comcast.net)

### Wanted

Wood Cigar Boxes for fly displays for banquet. Full preferred, but empty boxes in good condition are equally OK.

### Wanted

Plastic stand-up photo holders. All sizes desired; New or used (even with scratches). For use in advertising our auction and bucket raffle items at the Banquet.

Please feel free to list items for sale or items desired in future editions of *Riffles & Runs*. Contact Alicea Charamut at 203-440-0854 or at [alicea\\_ski@hotmail.com](mailto:alicea_ski@hotmail.com).

# RIFFLES & RUNS

The FVTU Newsletter

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Visit us on the web at [www.tufv.org](http://www.tufv.org)!

